

Cheesecake Snack

8 oz. cream cheese, fat free
3 Tbsp Splenda®
4 Graham Crackers
2 cups sliced fresh strawberries

Mix cream cheese and Splenda together in bowl. Break graham crackers in half. Spread cream cheese mixture on graham crackers. Top with sliced strawberries. Makes 8 servings.

Nutrition information per serving: 111 calories; 6 grams protein; 3 grams fat; 14 grams carbohydrate; 230 mg sodium.