

## **Cream Cheese Gelatin Salad**

1 pkg.            sugar-free lime gelatin (four serving size)  
8 oz.            cream cheese, fat-free, softened  
16 oz can       crushed pineapple, packed in pineapple juice  
1 cup            chopped peanuts  
2 cups           Lite Cool Whip®

Dissolve gelatin in 1 cup hot water. Add 1 cup juice from pineapple. Mix cream cheese, pineapple and nuts, add to gelatin. Add Lite Cool Whip and mix all ingredients together. Place in mold or dish and chill until set. Makes 8 servings.

Nutrition information per serving: 211 calories, 8 grams protein, 11 grams fat, 21 grams carbohydrate, 108 mg sodium