

Dirt Cake (party size)  
*Submitted by Tonia E.*

1 pkg Snack Well® Chocolate  
Sandwich Cookies  
2 pkgs (4 serving size) pudding,  
chocolate, no added sugar  
4 cups skim milk  
16 oz Cool Whip Free®  
16 oz cream cheese, fat free

Place cookies in a plastic bag and crush into small pieces. Mix cream cheese and 3/4 of the Cool Whip Free together until smooth. Make chocolate pudding as directed on box. Layer – ½ cookies, ½ cream cheese mixture then ½ chocolate pudding and repeat. Makes 12 servings.

Nutrition information per serving: 204 calories, 9 grams protein, 4 grams fat, 30 grams carbohydrate, 589 mg sodium.

*Optional:* Put it in a flower pot or beach toy bucket, add gummy worms for decorations on top (they come in sugar free if you can find them).