

Easy Chicken Broccoli

Submitted by Nancy B.

1 pound chicken breasts, boneless,
skinless, cooked and chopped

4 cups frozen broccoli—cooked and
drained

3/4 cup Miracle Whip Free®

1/2 cup shredded cheddar cheese

3/4 cup French's Fried Onions—cheddar flavor

Mix together the chicken, broccoli and Miracle Whip Free in microwave safe bowl. Stir in approx 1/2 C shredded cheddar cheese.

Microwave on med-high until heated through. Stir. Dish onto plates. Top with cheddar- flavored onions and serve. Makes 6 servings.

Nutrition information per serving: 267 calories, 32 grams protein, 11 grams fat, 13 grams carbohydrate and 473 mg sodium.