

Ham Rolls

6 - 6 inch flour tortillas
16 oz. fat-free cream cheese, softened
1/3 cup fat-free mayonnaise
2 tbsp. green onion, chopped
1/4 cup black olives, chopped
2 1/2 oz. lowfat ham, cooked, sliced, pressed

Combine cream cheese, mayonnaise, onions and olives. Spread thin layer of mixture on tortilla. Arrange a slice of ham over mixture. Tightly roll up tortilla. Wrap individually in plastic wrap. Place in refrigerator at least 3 hours or overnight. To serve, cut into 3/4" slices. Garnish with fresh parsley and serve on decorative platter. Makes 64 servings.

Nutrition information per serving: calories 17; protein 2 grams; fat 0 grams; sodium 80 mg