

Key Lime Pie

1 - 4 ounce box lime sugar-free gelatin
1/4 cup boiling water
2 - 8 ounce containers no-added sugar
Key lime yogurt
1 - 8 ounce) container sugar-free
Cool Whip®

Heat water in microwave until boiling. Add gelatin, stirring with fork until dissolved. Pour into large bowl.
Add yogurt, and whisk together until smooth. Add container of sugar-free Cool Whip; stir until smooth. Pour into dessert cups. Refrigerate 2 hours or overnight before serving. Garnish with a dollop of sugar-free Cool Whip and slice of lime. Makes 8 servings.

Nutritional Information Per Serving: 70 calories, 1 gram protein, 0 grams fat, 13 grams carbohydrate, 34 mg sodium.