

Light and Fluffy No-Bake Pumpkin Cheesecake

2 8-oz packages fat free cream cheese
1/3 cup Splenda®
1 8-ounce tub light whipped topping
1 cup canned pumpkin
½ teaspoon pumpkin pie spice
1 teaspoon vanilla
1 prepared graham cracker piecrust

In a mixing bowl, combine cream cheese, Splenda, whipped topping, vanilla, and pumpkin pie spice; beat until fluffy. Add pumpkin and mix well. Pour into graham cracker crust and chill until set. Serve when cold. Garnish with whipped topping, if desired. Makes 8 servings.

Nutrition information per serving: 233 calories, 12 grams protein, 8 grams fat, 29 grams carbohydrate, 165 mg sodium.