

## **Mexican Chicken Salad**

1/2 cup fat-free ranch dressing

½ cup fresh salsa

1 teaspoon Old El Paso® 40% less sodium taco seasoning mix

4 cups shredded lettuce

1 can (15 oz) black beans, organic drained, rinsed

1 1/2 cups shredded deli rotisserie chicken (without skin)

1 cup coarsely crushed hint-of-lime white corn tortilla chips

½ cup shredded cheddar cheese

1/2 cup cherry tomatoes, halved

In small bowl, mix dressing, salsa and taco seasoning mix. On individual serving plates, layer the lettuce, black beans, chicken, tortilla chips and cheese. Drizzle with dressing mixture and top with tomatoes. Makes 4 servings.

Nutrition information per serving: 344 calories, 27 grams protein, 15 grams fat, 32 grams carbohydrate, 617 mg sodium.



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