

Peanut Butter Cookies

Submitted by Cindi E.

1 cup quick oats
1 cup peanut butter
1 cup Splenda
1 tsp vanilla
1 egg

Roll dough into bowls and roll in some additional Splenda. Pat down with a fork like regular peanut butter cookies. Bake at 350 degrees for approx 8 minutes. Makes 18 cookies.

Nutrition information per cookie: 104 calories, 4 grams protein, 8 grams fat, 6 grams carbohydrate, 70 mg sodium.