

Apple Crisp

Filling:

- 1 cup Splenda®
- 1 teaspoon ground cinnamon
- ¼ cup 100% orange juice
- 5 baking apples, cut into ¼ inch slices

Topping:

- 1 cup old-fashioned oats-uncooked
- 2 tablespoons Splenda
- ¼ teaspoon ground cinnamon
- 2 tablespoons butter, softened
- ½ cup Rice Krispie® cereal
- ½ cup chopped walnuts

Preheat oven to 350 degrees F. Spray an 8" baking dish with cooking spray. Mix Splenda, cinnamon and orange juice for filling together in bowl. Add apples and toss to coat. In another bowl, stir together oats, Splenda, and cinnamon. Add butter and mix. Stir in cereal and walnuts.

Put filling in baking pan and spoon topping over the apple mixture. Bake for 45 minutes or until browned. Serve warm. Makes 8 servings.

Nutrition information per serving: 160 calories, 3 grams protein, 8 grams fat, 21 grams carbohydrate, 45 mg sodium.