

Cranberry Cocktail

1/2 cup low-calorie cranberry juice
Juice of 1/4 lemon
2 pkts. Equal® sweetener
1/2 cap rum extract
1 orange slice

Combine all ingredients except orange slice in a mixing glass. Shake with crushed ice and pour into a glass. Garnish with orange slice. Makes 1 serving.

Nutrition information per serving: calories 41; protein 0 grams; fat 0 grams sodium 6 grams