

Creamy Cheese and Berry Bars

1/2 cup low fat ricotta cheese
1 oz. Neufchatel cheese, cubed, softened
1 tbsp. Sweet'N Low®
1 tbsp. mint leaves, fresh, chopped (optional)
8 pcs. crisp bread or other snack wafers (about
4" x 2", 1/2 oz. each)
2 cups strawberries, fresh, sliced
8 mint sprigs (optional)

Whip cheeses with electric mixer until smooth. Beat in Sweet'N Low. Spread crackers with cheese mixture; arrange strawberries over cheese. Garnish with mint sprig, if desired. Serve immediately. Makes 4 servings.

Nutrition Information per serving: Calories 126; Protein 5 grams; Fat 6 grams; Sodium 108 mg