

Easy Chicken Pot Pie

1-2/3 cup frozen mixed vegetables, thawed
1 cup cooked chicken breast, chopped into 1/2 inch pieces
1 can (10-3/4 oz) Campbell's® 98% fat free cream of chicken soup
1 cup Reduced Fat Bisquick®
1/2 cup skim milk
1/4 cup liquid egg substitute

Heat oven to 400 degrees F. Mix vegetables, chicken and soup in an ungreased 9" pie plate. Mix remaining ingredients in separate bowl until blended. Then pour into pie plate over chicken mixture. Bake for 30 minutes or until golden brown. Makes six servings.

Nutrition information per serving: 198 calories; 18 grams protein; 4 grams fat; 21 grams carbohydrate; 571 mg sodium; 57 mg calcium.