

Lemonade Cheesecake

8 oz cream cheese, fat free, softened
1 tsp Crystal Light lemonade mix, dry
¼ cup milk, skim
½ cup prepared vanilla pudding, no-added-sugar
½ cup Cool Whip Free®
4 graham crackers, full cracker sheets, crushed
1/3 cup Splenda® Granular
3 Tbsp. light margarine (50% less fat and calories)

Mix graham cracker crumbs, Splenda, and light margarine. Press into an 8" pie pan. Beat first 3 ingredients until smooth. Fold in vanilla pudding and cool whip. Pour into crust. Chill several hours prior to serving. Makes 8 servings.

Nutrition information per serving: 153 calories; 7 grams protein; 4 grams fat; 20 grams carbohydrate; 311 mg sodium.