

Join a Barix Clinics Support Group

Please contact your Group Leader prior to attending for last minute schedule changes.

Barix Clinics Support Groups

SG Name	Leader	Contact Information	Day	Time	Location	Address	Zip
Michigan							
Saginaw	Support Groups are scheduled to resume in January						
Ypsilanti, Thursday	Tina Sheldon	734-547-4732 tsheldon@foresthealth.com	1st Thurs	6:00 - 7:00 PM	Warrenton Weight Loss Institute Forest Health Medical Center	135 S. Prospect	48198
Jackson, Thursday	Cathy Digue	317-966-9254 cathy_digue@sbcglobal.net	1st Thurs	6:00 - 8:00 PM	Jackson District Library-Meijer Branch	2699 Airport Road Jackson, MI	49202
Pennsylvania							
Langhorne Post-Surgery	Jill Szczygiel Denise Nowicke	267-316-8690 215-850-1563	3rd Wed	7:00 - 8:30pm	Barix Clinics of Pennsylvania	280 Middletown Blvd.	19047
Langhorne Pre-Surgery	John Woods Denise Nowicke	215-275-8103 215-850-1563	2nd Tues	7:00 - 8:30pm	Barix Clinics of Pennsylvania	280 Middletown Blvd.	19047
Langhorne-Saturday	Jill Szczygiel Denise Nowicke John Woods	267-316-8690 215-850-1563 215-275-8103	1st Sat	11:00 - 1:30	Barix Clinics of Pennsylvania	280 Middletown Blvd.	19047

Other Support Resources:

Barix Answer Center/ Ask

A Nutritionist

Submit your general or nutrition questions online: <http://www.barixclinicsstore.com/barixanswercenter.html>

Facebook Support Group <https://www.facebook.com/groups/BarixClinicsSupport/>

Free Monthly eNewsletter http://www.barixclinicsstore.com/newsletter_sign_up.html