

## Join a Barix Clinics Support Group

Please contact your Group Leader prior to attending for last minute schedule changes.

## Barix Clinics Support Groups

SG Name	Leader	Contact Information	Day	Time	Location	Address	Zip
<b>Michigan</b>							
Saginaw	Support Groups are scheduled to resume in January						
Ypsilanti, Thursday	Martha Churchill	734-649-6342 <a href="mailto:mc@marthachurchill.com">mc@marthachurchill.com</a>	1st Thurs	6:00 - 7:00 PM	Warrenton Weight Loss Institute Forest Health Medical Center	135 S. Prospect	48198
Jackson, Thursday	Cathy Digue	317-966-9254 <a href="mailto:cathy_digue@sbcglobal.net">cathy_digue@sbcglobal.net</a>	1st Thurs	6:00 - 8:00 PM	Jackson District Library-Meijer Branch	2699 Airport Road Jackson, MI	49202
<b>Pennsylvania</b>							
Langhorne Post-Surgery	Jill Szczygiel Denise Nowicke	267-316-8690 215-850-1563	3rd Wed	7:00 - 8:30pm	Barix Clinics of Pennsylvania	280 Middletown Blvd.	19047
Langhorne Pre-Surgery	John Woods Denise Nowicke	215-275-8103 215-850-1563	2nd Tues	7:00 - 8:30pm	Barix Clinics of Pennsylvania	280 Middletown Blvd.	19047
Langhorne-Saturday	Jill Szczygiel Denise Nowicke John Woods	267-316-8690 215-850-1563 215-275-8103	1st Sat	11:00 - 1:30	Barix Clinics of Pennsylvania	280 Middletown Blvd.	19047

### Other Support Resources:

Barix Answer Center/ Ask

A Nutritionist

Submit your general or nutrition questions online: <http://www.barixclinicsstore.com/barixanswercenter.html>

Facebook Support Group <https://www.facebook.com/groups/BarixClinicsSupport/>

Free Monthly eNewsletter [http://www.barixclinicsstore.com/newsletter\\_sign\\_up.html](http://www.barixclinicsstore.com/newsletter_sign_up.html)