

Sugarfree Russian Tea

4 1/2 teaspoons sugar free orange drink mix

3 1/2 teaspoons sugar free lemon drink mix

1/3 cup Splenda

1 teaspoon ground cinnamon

1/2 teaspoon ground cloves

Combine all ingredients and mix well. Store in an airtight container. To prepare one serving, add 1/4 teaspoon of mix to 3/4 cup hot water and stir well. Makes 48 servings.

Nutrition information <1 calorie, 0 grams protein, 0 grams fat, 0 grams carbohydrate, 4 mg sodium.