



Summer Spinach Salad

- 1 bag (10 oz.) spinach leaves, washed and chopped
- 2 c. sugar snap peas
- 2 c. fresh strawberries, sliced
- 1/2 medium red onion, cut into thin slices
- 1/2 c. sliced almonds, toasted
- 1 bag Tyson *Grilled and Ready Chicken Breast Strips*
- 3/4 cup Walden Farms *Raspberry Framboise* dressing

Place spinach, sugar snap peas, strawberries, onion and toasted almonds in a large bowl. Add dressing, toss lightly.

Warm chicken strips in nonstick skillet on medium heat for 3 to 5 minutes or until warm--add to salad and serve. Makes 6 servings.

Nutrition information per serving: 199 calories, 26 grams protein, 7 grams fat, 11 grams carbohydrate, 769 mg sodium.