

## **White Chocolate Cheesecake**

1 package (8 oz) fat free cream cheese  
2 small packages no-added-sugar white chocolate instant pudding mix  
3 cups skim milk  
8 ounces Cool Whip Free  
2 reduced fat graham cracker crust

Beat cream cheese and 1/2 cup of milk with electric mixer until smooth. Add remaining 1 1/2 cups milk and pudding mixes. Beat until well blended. Fold in Cool Whip Free until smooth and well blended. Pour into crust. Refrigerate 4 hours or until set. Garnish with fresh strawberries or raspberries. Makes 8 servings.

Nutrition information per serving: 201 calories; 8 grams protein; 4 grams fat; 457 mg sodium